

# COVID 19 UPDATE

## KHY THERAPIES

Date: 5<sup>th</sup> August 2020



Dear Khy Therapies clients,

In light of our newest restrictions, I will now be moving all counselling sessions to Telehealth which means no on-site sessions while we're still in Stage 4.

This decision has been long delayed, but we hope you can appreciate our efforts to curb the spread of COVID19 by minimising travel and mixing in the community.

Phone or video meetings won't be ideal for everyone, but feel free to suggest other ways you think we could conduct your or your child's session. e.g. Parent consultations, texting, exchanging photos or drawings.

I would also completely understand if you'd rather postpone counselling until after restrictions ease. And I'll commit to being flexible with appointment times so that you may recommence asap when ready.

Please contact me if you need to inform me of your preference or if you have questions. Otherwise we will continue with your preferred option as already discussed.

In some good news (thankfully!), The Federal Government is allowing for TEN additional Medicare-subsidised sessions under your Mental Health Care Plan. Please click on the link or discuss further with your GP if needed. <https://www.health.gov.au/ministers/the-hon-greg-hunt-mp/media/additional-covid-19-mental-health-support>

Thank you as always for your understanding. May we forge ahead knowing we are all in this together and come out the other side more compassionate, more kind.

Sending strength,

Dakhylina

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